



Adventure Activities in The Lake District

Expedition on foot and boat (easy/medium level trip)

Day one

1. Meet at Joint Adventures base in Torver. There will be a briefing on the journey, including navigation and equipment.
2. Depart for Beacon Tarn. This is a low level walk perfect for introductory navigation practice.
3. Stop for lunch at Beacon Tarn. This may include finding nearby Geo Caches.
4. Walk to suitable woodland camp site.
5. Set up camp either tents or tarps. Learn fire lighting skills and prepare evening meal. Activities may be provided by own staff or Joint Adventures.
6. Supper and sleeping bag.

Day 2

1. Light fire and prepare breakfast.
2. Clear camp and pack things away.
3. Depart for lake across fell.
4. Lunch by side of lake.
5. Prepare for kayak/canoe across to Wild Cat Island on Coniston Water.
6. Reach Wild Cat Island. Check Geo Cache. Possibly do the Rock Jump.
7. Paddle back to land.
8. Shuttle back to starting point at Joint Adventures.

As with all our expeditions there is quite a lot of scope for variation. Please ask us for possible options and suitability of the trip for your group.